

#### Clover Hill Community Primary School

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### Headteachers' Message: 10/01/25

Dear Parents and Carers

Welcome back! We hope you have had a lovely Christmas and wish our families a happy and healthy 2025!.

We are thrilled to begin this newsletter by saying that Clover Hill is a hive of activity, and all our busy bees are working hard, having made a happy start to the new year. Well done girls and boys ©

We hope this continues right across the year and that your child enjoys a happy, healthy and successful 2025 at Clover Hill. We sincerely hope that the next 12 months are filled with great achievement, lots of new learning and many special memories.

#### Blue Monday Awareness

We would like to bring your attention to the "Blue Monday" awareness campaign, which falls, this year on Monday 20th January 2025.

Blue Monday is a day that typically falls on the third Monday in January and has been associated with feelings of sadness, low motivation, and a lack of energy. Factors identified in contributing to this day include amount of time since Christmas, cold weather, debt level, motivational levels and failure to keep new year's resolutions.

While the concept of Blue Monday has been criticised for its lack of scientific validity, it has since become a day for promoting mental health awareness and self-care.

Although we all feel 'down' or 'blue' from time to time, it is important to notice when these feelings can develop and cross into the threshold of depression.

Blue Monday can now be highlighted as a day that recognises a chance to raise awareness and break down stigma around ill mental health. A different outlook on "Blue Monday" has the ability to bring depression to the attention of the general public and increased awareness of depression as a common mental health problem.

Blue Monday may be a good time to check in on your friends and colleagues and commit to conversations around mental wellbeing. Simple ways to combat any "blue" feeling can be implemented to make sure your workplace is happy and healthy. The Samaritans charity suggest turning "Blue Monday" to "Brew Monday" by starting a conversation over a brew.

#### Children's Mental Health Week (3-9th February)

The theme for 2025 is focus is **Know Yourself**, **Grow Yourself**, with the aim to equip and empower children and young people across the UK to embrace self-awareness and explore what it means to them. We want children and young people to discover how getting to know who they are can help them build resilience, grow and develop.

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## Safer Internet Day (11/2/25)

The theme this year is Too good to be true? Keeping yourself and others safe from scams online Our children are always reminded that keeping safe online is not just one day's work, Safer Internet Day is simply the day we celebrate all the good work that goes on in Clover Hill. We endeavour to educate our children about how to keep safe every day! The ever-changing technological world involves using the internet, mobile phones and gaming, but in a safe and sensible manner.

We ask you to work with us and monitor your child's online activity and use of mobile phones. Remind them that their behaviour must be sensible and acceptable when communicating with others. Ensure they only use materials that are age appropriate, and they don't have access to social media accounts or games that are for older children. Please see below the age restrictions for the popular social media apps.

Age Restrictions for Social Media Platforms
What is the minimum age for account holders on these social media sites and apps?



## Class Spring Term Curriculum Overviews

Please access your class letter which has been posted on our website detailing what your child will be covering over the next few months. We hope this is useful to you so you can discuss activities and new information at home. Please don't hesitate to speak to your child's class teacher if you have any concerns or queries. Our staff have extremely high standards and want to ensure all our children are happy and reach their full potential in all areas of their education.

Consolidation at home is a vital part to accelerating learning, it is key for reinforcing skills and ensuring deep understanding for your child. Activities that you can support at home include - proficiency in times tables, reading regularly, spelling accurately and writing using correct grammar and punctuation. Please make sure your child completes their homework thoroughly and is given the

correct support from an adult to aid their understanding. It is an important way of reinforcing basic skills 1:1, because in a busy classroom there is often just 1 teacher to 30 children. It is also vital that homework is handed back on time as it is often needed for other activities.

Thank you for your partnership in supporting these basic skills at home, 'little and often' goes a long way in making a significant lifelong difference to your child's future success.

#### School Uniform

Please ensure your child follows our set policy, we can't have children coming to school in non-uniform items. It doesn't set a good example and is unfair on all the other families who do adhere to our smart plain policy. Earrings and large bows in hair cannot be worn. Long hair MUST be tied back.

Grey pinafores/skirts, black tights and leggings are not part of our school uniform. Leggings are permitted for a PE day only.

#### PE uniform:

- plain dark shorts or joggers no stripes or large logos
- school uniform hoody
- plain white T shirt with or without a Clover Hill logo
- black trainers no bright colours or large logos

## Uniform Exchange

Please remember that our 'Uniform Exchange' is always open. Drop us an email with the size and items you'd like and we will look through our stock and send them home discreetly with your child in a bag. We are unfortunately closed for donations at the moment.



AUTUMN 1	Reception	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Weekly %	96.3%	96.7%	95.8%	96.1%	96.2%	96.6%	92.6%

Whole School

95.7%

Our star class attendance award goes to: Year 1

They will receive an extra playtime.

# Important diary dates

Wednesday 19/2/23 - Cinema Club: 3.30-5pm. Further information to follow.

Monday 24<sup>th</sup> - 28<sup>th</sup> February: Half term holiday
School closed to pupils Friday February 21st - Staff INSET Day

6/3/25: World Book Day - **READ YOUR WAY!!** A wide range of exciting activities are being planned including 'Book a Booky Brekky' for our families... further information to follow.

7/3/25: Inspirational speaker - Greig Trout - in school to lead assembly about setting goals, self-belief and working hard.

7-16th March 2025 - British Science Week: Change and adapt

24-26<sup>th</sup> March - Year 6 Residential - Weardale Adventure Centre

25/3/25 Dance Festival at the Glasshouse for Dance Club

w/c 7/4/25: Parent Consultations

11/4/25 - School closes for the Easter holidays.

#### Assessment dates

SATs week for Year 6: 12<sup>th</sup> - 15<sup>th</sup> May 2025. Year 1 Phonics screening w/c 9<sup>th</sup> June 2025

Please can we remind parents that holidays cannot be authorised in term time.

Assessment dates always need to be strictly adhered to.