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| **Choose Respect**  |
| The theme of this year’s National Anti-bullying week is: ***Choose Respect***. Respect is one of our core behaviour values at Clover Hill- Ready, Responsible, **Respectful.** At Clover Hill our children are amazing ambassadors for being respectful in many different ways. **Respectful** * of each other’s views and opinions.
* of our property and the school building.
* in the way we speak and act – always.
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| **Anti-bullying week** |
| We explain to all our children that although there is a national anti-bullying week, at Clover Hill it is obviously an anti-bullying week EVERY week. We always ask the children to think carefully about their behaviour and attitude to others. We invest a lot of time and care in trying to prevent bullying so that children make the correct choices in their behaviours and friendships in the first instance. Our pupils are supported so that they are aware of what to do if they are having problems with other pupils that could lead to bullying **but also how to evaluate when things just go wrong due to general falling out with friends or accidental upsets**. Falling out with others can be really upsetting and so we work extremely hard to get children to empathise with each other and to unpick misunderstandings that can cause unnecessary barriers to positive friendships.  |
| **What is respect?** |
| We know that the term ‘respect’ can mean different things to different people. When we talk about respect at Clover Hill, we talk about showing that you value someone, including their feelings, views and opinions- even if they differ from yours. We also talk about accepting and understanding others, giving them the same consideration you would expect for yourself. As adults we have a duty to lead by example and role model respect in everything we do.  |
| **Respect and Kindness thrive in the choices WE make**  |
| Kindness is more important today than it has ever been, little acts of consideration can break down barriers and brighten the lives of the people around us. One kind word can be a turning point. It can change someone’s perspective. It can change their day. Best of all, **one kind word** leads to another. Kindness fuels kindness and this simple upbeat message truly resonates with our children. We can all play a part in the chain reaction that powers positivity and support for each other, as we all know how unkind words can hurt and undermine.    |
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| At Clover Hill we discuss the different forms of bullying and how being **united** to making small changes can make a big difference.Change starts with us being **united** and determined to be:*Kind, Caring, Respectful and Inclusive.* To have a smile, a compliment and offer friendship to everyone. Clover Hill girls and boys agree we should ALL make changes and try to make the right choices. ALL children – **united** together. Whether it is verbal, physical, online or in-person, bullying has a significant impact. By making small, simple changes – **united together**, we can break this cycle and create a safe environment for everyone. It requires a collective response, and everyone taking full responsibility for their actions to prevent and stop bullying. **Working together as one large Clover Hill team.** **United Together Against Bullying** is a great way to highlight to your child about working together to make the right choices and to **recognise and empathise** with how inappropriate comments or actions have a hurtful impact on others. Please discuss with your child how they can avoid any unnecessary hurt and how they can continue to invest kindness in their work and play at Clover Hill, taking full responsibility for making a positive and happy difference to others.  **C:\Users\lhall\AppData\Local\Microsoft\Windows\INetCache\Content.MSO\4CAA19F7.tmp** **C:\Users\lhall\AppData\Local\Microsoft\Windows\INetCache\Content.MSO\4CAA19F7.tmp** |
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| **Developing resilience in your child.** Being resilient and having the skills associated minimises the effect that negative situations have on children and helps them deal with normal life challenges eg dealing with friendship fall outs and not being picked for a certain activity or team Encourage your child to use a problem-solving process to resolve problems with friends at school. |
|  | 2. | 3. | 4. |
| Identify the problem | Generate solutions | Evaluate the solutions – what are the pros and cons of each, which is the best? | Evaluate the outcome – is the problem solved? If not return to step 2. |
| Encourage children to ‘problem solve’ negative feelings or events in their school day. |

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| **Our school reflection poem** |
| This is our school, Clover HillLet happiness and love live here.This is our school, Clover Hill**Let kindness and respect be shown here.****Respect of one another, respect of the rules that keep us safe and respect of life itself.**Let us always remember to try our best and reach for the stars and shine. |